



IF THERE'S A BETTER WAY FOR
YOU TO EXPERIENCE HEALTHCARE,
WE'LL FIND IT.



MyQHealth.
by QUANTUM HEALTH

Say hello to your MyQHealth Care Coordinators

If you've worked with us previously, you know there's only one place to turn for help with your healthcare: your MyQHealth Care Coordinators.

How do you contact your MyQHealth Care Coordinators?

SCHEDULE A CALL

There are several ways to contact your Care Coordinators that fit your schedule, but the best and most convenient way is to schedule a call by logging on to your MyQHealth portal and selecting "Schedule a Call." No holding. No waiting.

OTHER WAYS TO REACH US INCLUDE:

- **Calling 855-497-1233** and selecting the prompt for a callback if you aren't immediately connected with a Care Coordinator. Call volumes are sometimes high because our Care Coordinators give every member the time necessary to resolve their problem.
- **Chatting with a Care Coordinator** during business hours from the comfort of your member portal at mattelcarecoordinators.com or on the **MyQHealth - Care Coordinators** app.
- **Sending a secure message, 24/7**, from your MyQHealth member portal, online or on the app. This is ideal for those who travel or work in early or late shifts.

Besides having Spanish-speaking Care Coordinators on staff, we also have other language translation services available upon request.

mattelcarecoordinators.com

855-497-1233

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

Download the app | **MyQHealth - Care Coordinators**