

NEW!

INDEPENDENT HEALTH'S
RedShirt RewardsSM

Earn Up to \$30 in Rewards



It pays to get and stay healthy. Log in to your MyIH account through the MyIH app or the website to **get rewarded** for staying on top of your preventive health!

For those who already maintain their health through preventive services, we think you deserve a reward! And for those who need a little extra motivation to engage in the health and wellness services you and your doctor know can help you stay healthy, we're here to help you!

Introducing **Independent Health RedShirt Rewards**, a new program for 2023 that provides incentives just for completing preventive care services and activities that can help you manage your health and wellness.

Complete 3 or more services to earn up to \$30 in RedShirt Rewards

- Annual Checkup
- Flu Shot
- COVID-19 Vaccine and Booster
- Breast Cancer Screening
- Colon Cancer Screening
- Prediabetes – Diabetes Prevention Program
- Diabetes Care – Eye Exam
- Diabetes Care – A1C Test
- Medication Received for Statins

Earn a \$10 RedShirt Reward* for each eligible service – up to \$30 each plan year!**

Make it a family affair, because each member in your plan 18 years of age and older (subscriber, spouse and dependents) is eligible to earn their own rewards just for completing the preventive services that are right for them.





How It Works

1. **Opt in to the program** through your secure MyIH account (which can be accessed online or through the app).
2. **Complete an eligible service** listed above.
3. **Get a digital reward code** valued at \$10 for each service completed via a secure message through your MyIH account.
4. **Redeem your reward code(s)** at a wide range of participating partners, including Amazon, Nike, Target and more!

amazon



5. **Track your progress** and your reward totals through your MyIH account.



Start Earning Your Rewards Today!

- Download: **MyIH app** or
- Log In: **independenthealth.com**

Questions?

Contact Member Services

(716) 631-8701

1-800-501-3439 (TTY: 711)

memberservice@servicing.independenthealth.com



Get Started!

Scan to download the MyIH app.



It's all part of the RedShirt® Treatment.

* Rewards will be issued when Independent Health receives notification of a claim for each service, which may take up to 90 days for a provider to submit the claim(s).
 ** \$30.00 limit per eligible member per plan year.